## **ActiveMat**





The Vari ActiveMat<sup>™</sup> offers a more comfortable, mobile standing experience that encourages stretching. Its unique design features ridges, mounds, and grooves to keep legs and feet in motion throughout the workday. The two Foot-Flexor mounds provide foot acupressure points. The Power Wedge is a wedge with grooves that helps move the mat, gives relief to heels, and stretches calf muscles. Enjoy all the benefits of the Vari ActiveMat<sup>™</sup> with or without shoes.

- Unique Design Allows for Leg, Ankle, Foot, and Joint Stretching and Support
- Ensures Legs Remain in Motion and Increases Blood Circulation
- Great for "No Shoes" Standing Work
- The Two Foot-Flexors Add Acupressure Massage Points
- Power Wedge Helps Give Relief to Heels and Stretch Calf Muscles



20" (51 cm)



3 ¾" (9.5 cm)